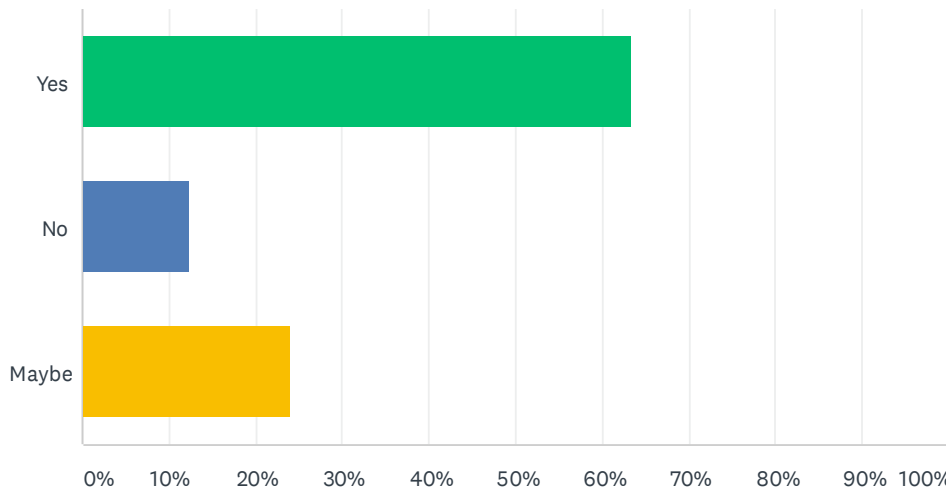


# Q1 Would you ever consider talking to a counsellor?

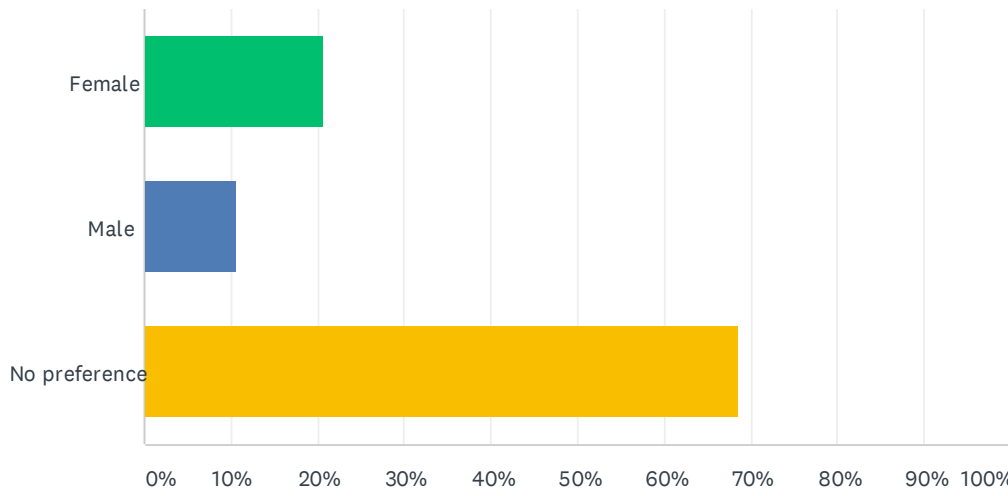
Answered: 178 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	63.48%	113
No	12.36%	22
Maybe	24.16%	43
<b>TOTAL</b>		<b>178</b>

## Q2 If you did, would you prefer a male or female counsellor?

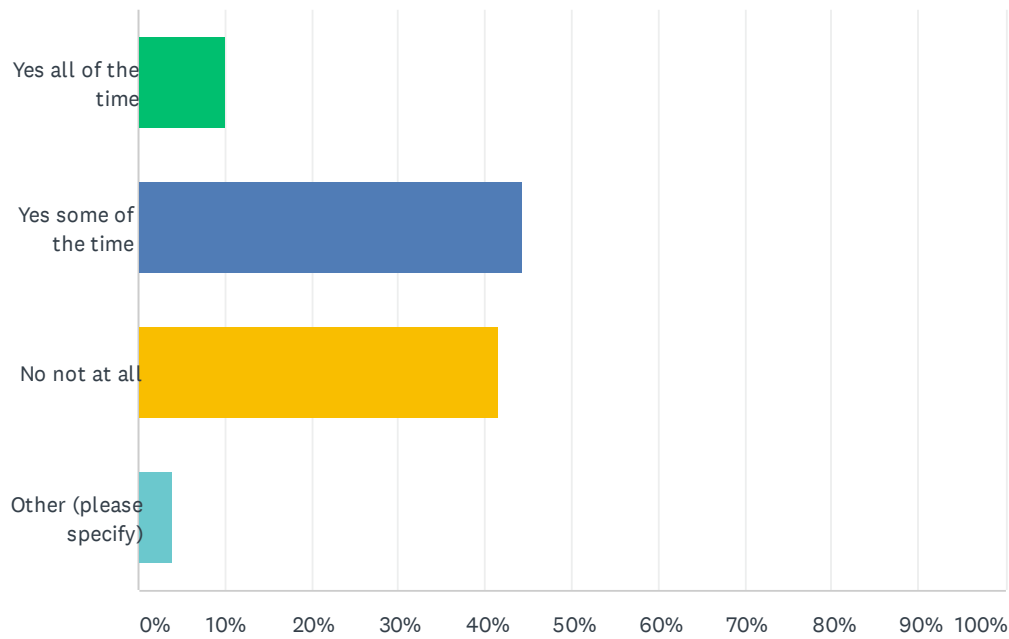
Answered: 178 Skipped: 0



ANSWER CHOICES	RESPONSES	
Female	20.79%	37
Male	10.67%	19
No preference	68.54%	122
<b>TOTAL</b>		<b>178</b>

### Q3 Do you find it easy to allow yourself to feel your emotions and express them?

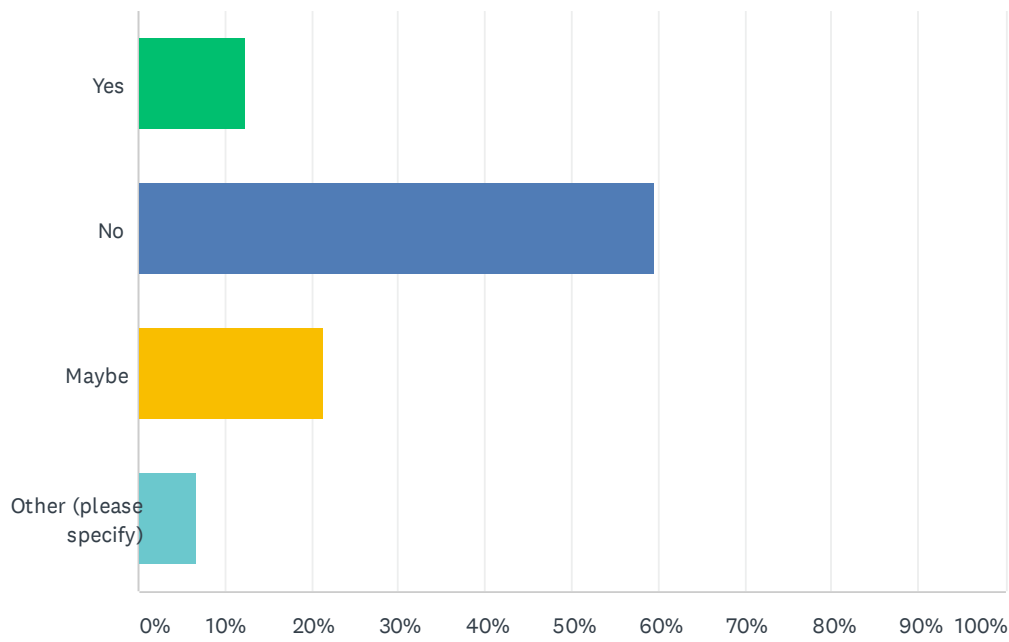
Answered: 178 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes all of the time	10.11%	18
Yes some of the time	44.38%	79
No not at all	41.57%	74
Other (please specify)	3.93%	7
<b>TOTAL</b>		<b>178</b>

### Q4 Do you believe that crying and/or being emotional is a weakness?

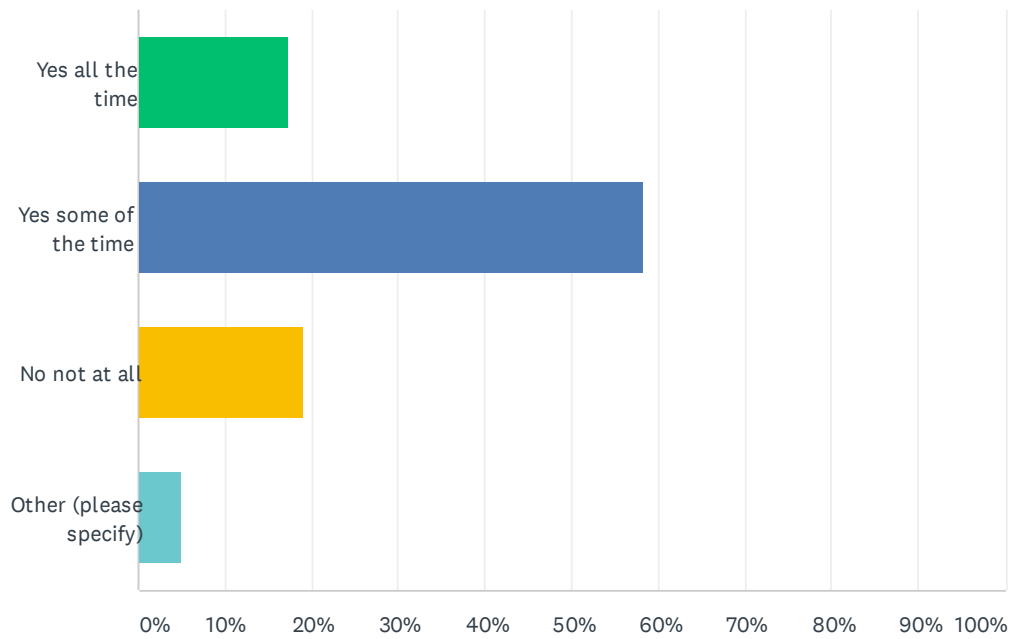
Answered: 178 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	12.36%	22
No	59.55%	106
Maybe	21.35%	38
Other (please specify)	6.74%	12
<b>TOTAL</b>		<b>178</b>

## Q5 Are you able to talk about what you are feeling or experiencing with a family member or friend?

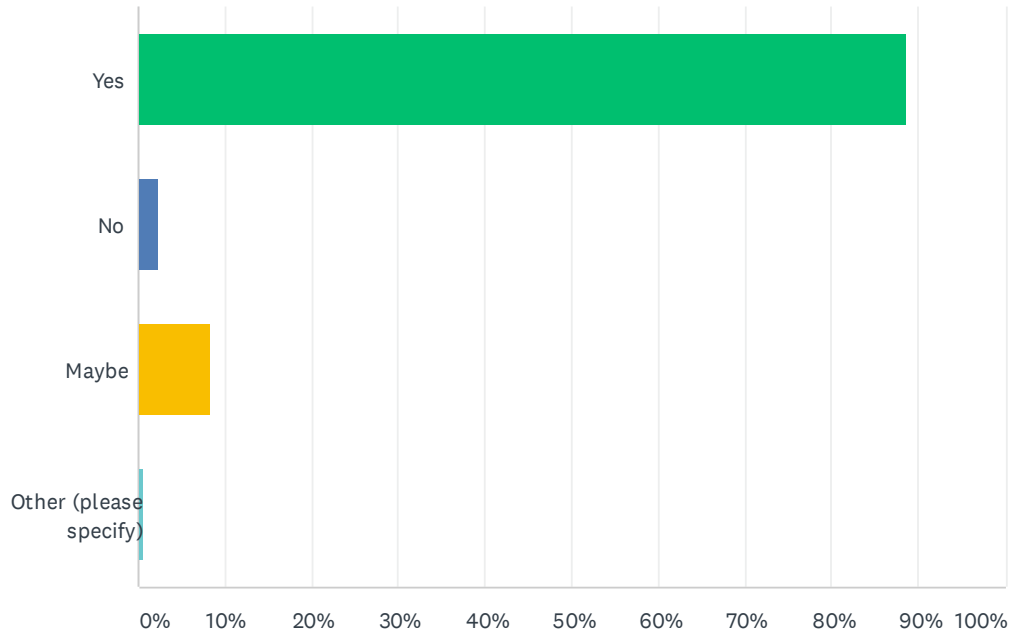
Answered: 178 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes all the time	17.42%	31
Yes some of the time	58.43%	104
No not at all	19.10%	34
Other (please specify)	5.06%	9
<b>TOTAL</b>		<b>178</b>

### Q6 Thinking about male friends or family members, if you suspected they were struggling and needed to talk, would you feel comfortable listening?

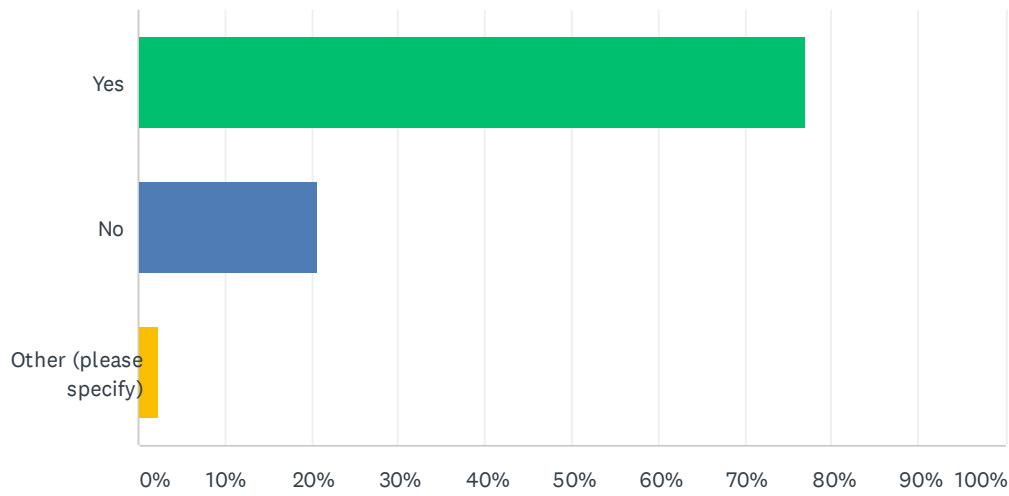
Answered: 178 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	88.76%	158
No	2.25%	4
Maybe	8.43%	15
Other (please specify)	0.56%	1
<b>TOTAL</b>		<b>178</b>

## Q7 Have you ever felt overwhelmed by your issues and needed to talk about them but didn't?

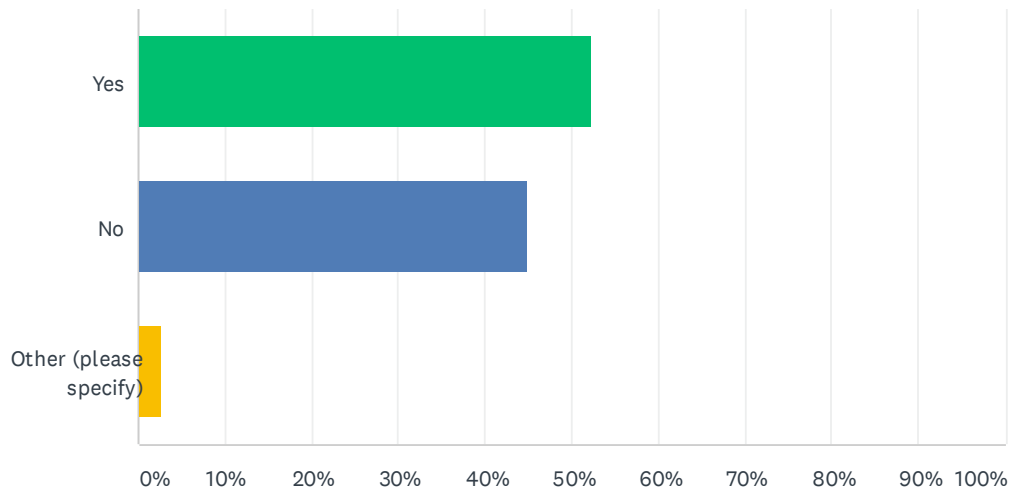
Answered: 178 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	76.97%	137
No	20.79%	37
Other (please specify)	2.25%	4
<b>TOTAL</b>		<b>178</b>

## Q8 Have you ever felt suicidal?

Answered: 178 Skipped: 0

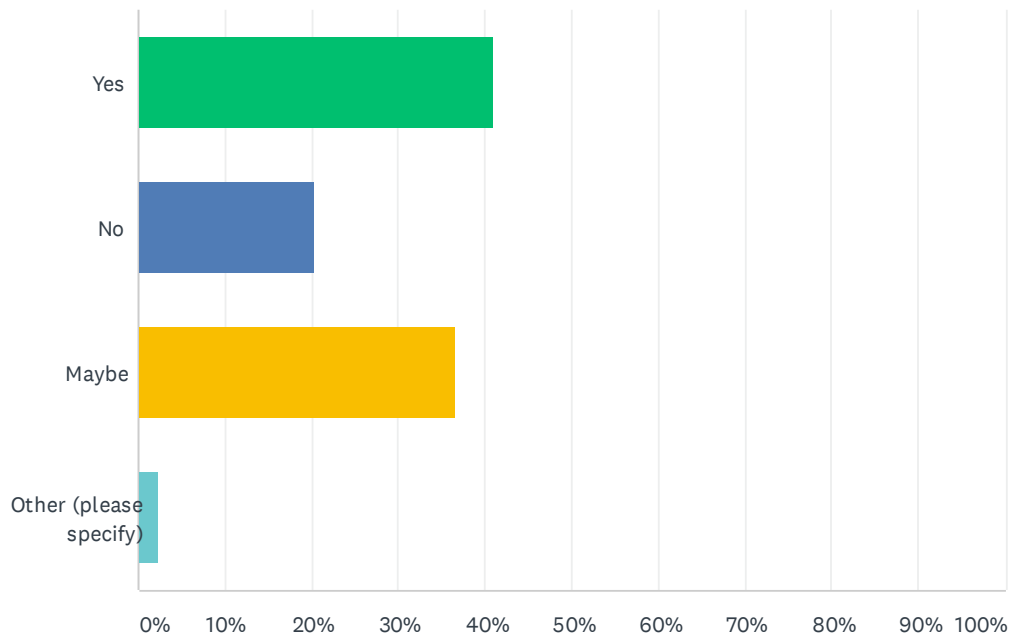


ANSWER CHOICES	RESPONSES	
Yes	52.25%	93
No	44.94%	80
Other (please specify)	2.81%	5
<b>TOTAL</b>		<b>178</b>



### Q9 If you were to see a counsellor, would you feel able to tell friends/family that you were doing that?

Answered: 178 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	41.01%	73
No	20.22%	36
Maybe	36.52%	65
Other (please specify)	2.25%	4
<b>TOTAL</b>		<b>178</b>